

CONNECT WITH HIMALAYA

A CWH TREK FROM KULLU TO
LAHAUL ACROSS THE GREATER
HIMALAYAN RANGE.
14- 23 JUNE



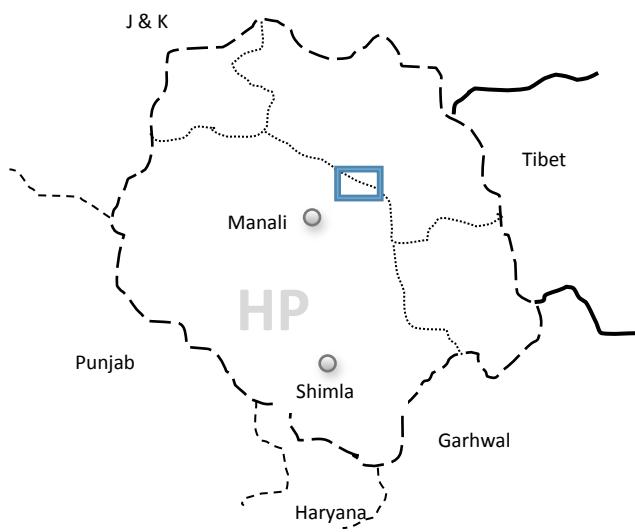
SARA UMGA PASS – TREK OF THE YEAR 2019

From Kullu, we drive along Parvati valley, and to the village of Tosh. From there, a centuries old shepherd trail takes us to the untouched meadows surrounded by snow giants and onwards to Sara Umga pass, crossing the Greater Himalayan range and traversing the chota shigri glacier as we finish in the stark landscape of Lahaul. Remote villages, spectacular campsites, challenging glacier crossing, make it the trek of the year.

TRIP HIGHLIGHTS

- A spectacular traverse over glaciers and across a high pass
- Campsites on some of the most untouched meadows
- Beautiful tosh valley, the hippie hub of Kullu valley.
- The starkness of Lahaul.

CWH



A BRIEF OVERVIEW



Parvati valley

The Parvati river is a big tributary of Beas and off late has become a big tourist attraction in Kullu. The hippies have always loved it and so have the anglers, but its more popular these days for the treks and adventure activities it offers as compared to the over crowded Manali.



The Himalayan shepherds

For centuries, the brave shepherds of Himalaya have spent months wondering alone, discovering new routes, making trails and camp sites and ensuring their sheep get to graze in the best meadows. Without them, trekking as it exists currently, wouldn't have.



The trek

It's relatively lesser known but that will soon change. Road accessibility, beautiful campsites in the vast meadows above Tosh river and some of the highest peaks of Himachal on view up close and personal. Not to mention the thrilling pass climb and descent on glaciers.



Crossing glaciers

Chota shigri (glacier) is one of the largest in Himachal and you can see it clearly on the road from Spiti to Lahaul. We will be climbing down the glacier all the way to the Chandra river. Glacier is a moving entity and shifts continuously. Trust the guides to get us through.

ITINERARY:

10 DAY TRIP, 6 DAYS OFF WORK (2 WEEKENDS)



Book your return tickets to and from Chandigarh

14-15 JUNE	<p>14th June - Fly into Chandigarh. Drive to Kasol in Parvati valley. ~ 9 hours. Plan to arrive in Chandigarh latest by 11am. (Or a day earlier).</p> <p>15th June - Stay the day in Kasol to rest and acclimatize before the trek.</p>	<p>You can choose to fly into Kullu also. In that case, take the morning flight from Delhi or Chandigarh to Kullu on 14th June. It's a long drive to Kasol, but it's a beautiful one, especially the section along the Beas and later along the Parvati. We spend the rest day in Kasol doing short walks and eating good food.</p>
16-21 JUNE	<p>The trek –</p> <p>Over 6 days, we trek from Tosh in Parvati valley to Chattru in Lahaul. The highest point of the trek is around 4900M. There are 3 challenging days and 3 easy to moderate days.</p>	<p>Day 1 – Tosh to Budhavan through a thick forest. Day 2 – Budhavan to Sharam thach as we enter the meadows. Day 3 – To shamshi thach, the highlight of the trek and amongst the most beautiful campsites. Height is 3850 M. Day 4 – Today we will climb over moraine to base camp of Sara umga pass. Day 5 – The big day. We cross the pass and climb down on the chota shigri glacier towards Chandra river. Day 6 – Climb down all the way to Chandra river, cross it and reach the road.</p>
21 - 22 JUN	<p>Trek ends and we get back into the cars and drive to Naggar. ~ 5 hours. 22nd rest day in Naggar.</p>	<p>We end the trek in Naggar, the erstwhile capital of Kullu and one of the best places in Kullu valley. We will need the extra day here to wind down, rest and make the transition back to normal life.</p>
23 JUN	<p>Early morning drive back to Chandigarh. ~ 8 hours.</p>	<p>We will leave very early, so that we reach Chandigarh in time to catch our flight back. Book your return flight after 1 pm.</p>

COST FOR THE TRIP:

Stay and food

Stay at guesthouses in Kasol and Naggar. Food will be local – fresh and simple. All meals included except when in transit.

Trek

All trekking equipment and personnel. All meals included.

Transportation

Throughout the trip in SUVs from Chandigarh and back. 4 per car.

The cost of the trip =
Rs 50000/- per person
including all taxes.

Note: The group size will be limited to 12. Bookings are done on first come first serve basis and hence no deadlines. Confirm your place by making the full payment in advance. Read our [cancellation policy](#) and fill the [release document](#).

[Click here for PAYMENTS](#)

WHAT TO GET ALONG?

Himalayan summer means long pleasant days and cool nights. It will be cold as we camp high on the meadows but we will be snug in our sleeping bags. Temp ranges from 5 to 25 degrees. Never count out the occasional Himalayan shower though. We will be prepared accordingly: Woolen sweater, cap, socks and gloves, a light rain jacket and good trekking shoes are the essentials. Layering is the key. Detailed checklist on signing up.

MAKING A CONTRIBUTION:

There is always a way of giving back to the place and people where we go for our holidays. We are hiring local staff for organizing the entire trip: guides, porters, cooks, etc. All our trek supplies will be purchased from local shops. The organization we are working with supports local sustainable tourism initiatives. You can also support the locals by getting your warm clothes, etc., from the rural handicrafts stores.

GET CONNECTED:

Gaurav Punj
cwh.now@gmail.com | +91 9833829240 | www.connectwithhimalaya.com
Pics from our other trips, [here](#)

GIFT THIS TRIP

You can choose from gift vouchers starting from Rs 5000. Write to us with the name of the receiver and the denomination of the voucher.

NOTE

All CWH trips have a strict no-alcohol policy. And no instant noodles, etc.