# CONNECT WITH H MALAYA

A CWH GROUP TREK TO THE SHEPHERD LAKE –SARUTAL IN GARHWAL. 3 – 10 MAY



# TREK TO THE SHEPHERD LAKE

Above the Yamuna river, surrounded by an amphitheatre of snow covered peaks, amidst untouched and wide meadows, lies a lake called Sarutal. Discovered by the intrepid shepherds of this region, it's water is considered holy and its darshan divine. The trek takes us through some of the least known regions of Indian Himalaya, through quaint villages, deep forests, meadows and to a pass on top of the ridge before reaching Sarutal. With only shepherds and their sheep for company and no connection to the outside world – this is the quintessential Himalayan trekking experience.

### **TRIP HIGHLIGHTS**

- Camping in untouched meadows
- Walking on the ridge is breathtaking
- Challenging but doable trek
- A new region of Garhwal



# A BRIEF OVERVIEW



The land of Gods

Garhwal is Devbhoomi, the land of Gods, and nowhere it is more prominent then when in close proximity to the Himalayan peaks and meadows. As the pilgrims make a journey towards Yamunotri from Hanuman Chatti, we go on our own journey, uncommon but life changing.



### The trek

Starting from Hanuman Chatti, the base of Yamunotri, we get off the main road and enter a completely untouched region. The 5 days of trekking are challenging, including a pass at 4400M, but the rewards are disproportionately higher. That makes it a must trek.

# ITINERARY: 8 DAY TRIP, 4 DAYS OFF WORK (2 WEEKENDS)

3-4 MAY 5-9 MAY	Reach Dehradun on 3 <sup>rd</sup> May and then drive to Mussourie ~2 hours. On 4 <sup>th</sup> morning we drive to Barkot. Takes about 6 hours. We trek for 5 days and reach the height of 4400 M. The walks are moderate to tough but delightful with spectacular mountain views. On 9 <sup>th</sup> May, we finish our trek and drive to a beautiful river camp in Mori.	Book your tickets to reach Dehradun anytime on 3 <sup>rd</sup> May and then drive to Mussorie and stay in any hotel of your preference. On 4 <sup>th</sup> , our trip officially starts as we drive to and reach our overnight stay at Barkot. Day 1- Hanuman Chatti to Pushla (7 Km) (3200 Meters) Day 2- Pushla to Manduka meadow (7 km) (3800 Meters) Day 3- Manduka to Sarutal via Fachu kandi pass (6 km) (4400 meters) Day 4- Sarutal to Taloti thach (10 km) Day 5– Taloti taach to Taluka (13 km). Drive to Mori ~ 2 hours.
10 MAY	Drive back to Dehradun and take the flight or train back. ~ 6 hours	Book your flight/ train from Dehradun post 2 pm.

## COST FOR THE TRIP:

Stay and food	Double occupancy at camps in Barkot and Mori. Food will be local – fresh and simple. All meals included except when in transit.	The cost of the trip = <b>Rs 45000/- per person</b> including all taxes.
Trek	All trekking equipment like tents, sleeping bags, mats, dining tents, toilet tents, etc. Trekking personnel like guides, porters, cooks. All meals.	Note: The group size will be limited to 12. Bookings are done on first come first serve basis and hence no deadlines. Confirm your place by
Transportation	Ex- Mussourie in SUVs.	making the full payment in advance. Read our <u>cancellation policy</u> and fill the <u>release document</u> .

### **Click here for PAYMENTS**

## WHAT TO GET ALONG?

Himalayan summer means long pleasant days and cool nights. It will be cold as we camp high on the meadows but we will be snug in our sleeping bags. Temp ranges from 5 to 25 degrees on the trek. Never count out the occasional Himalayan shower though and also presence of snow on the trail. We will be prepared accordingly: Woolen sweater, cap, socks and gloves, a light rain jacket and good walking shoes are the essentials. Layering is the key. Detailed checklist on signing up.

### MAKING A CONTRIBUTION

There is always a way of giving back to the place and people where we go for our holidays. We are organizing this trek with a group of guides and porters of this area. This is their only source of employment apart from the once a year crop cycle. You can also support local handicraft weavers by buying your woolens from them directly.

# GET CONNECTED:

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GIFT THIS TRIP You can chose from gift vouchers starting from Rs 5000. Write to us with the name of the receiver and the denomination of the voucher.

### NOTE

All CWH trips have a strict no-alcohol policy. And no packaged noodles.